

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 Relay line-up input: The listed starttimes are indicative!

Coaches: Lammens Tim

Coaches: Van Mieghem Evelien HEADCOACH

Coaches: Felies Jürgen

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:2, starttime: 14:32
Heat: 2/13 Lane : 0 Athlete: VAN ACHTER JUNE					Q-time: 01:54:66
PB (25m pool): 01:54.66 Lokeren 28/09/2025					PB (50m pool): 02:01.08 SB: 01:54.66 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.79		01:54.66	
	00:54.79		00:59.87		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-17					Heat:3, starttime: 15:02
Heat: 3/9 Lane : 0 Athlete: YILDIZ AMMAR					Q-time: 01:40:93
PB (25m pool): 01:40.93 Lokeren 28/09/2025					PB (50m pool): 01:48.18 SB: 01:40.93 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.30		01:40.93	
	00:47.30		00:53.63		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:1, starttime: 15:15
Heat: 1/20 Lane : 5 Athlete: BOGAERT TIRZA					Q-time: 01:42:15
PB (25m pool): 01:42.15 Lokeren 05/04/2025					PB (50m pool): 01:42.40 SB: 01:43.77 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.11		01:42.15	
	00:48.11		00:54.04		
					

Coach feedback:

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:2, starttime: 15:17
Heat: 2/20 Lane : 8 Athlete: VAN ACHTER JUNE					Q-time: 01:32:08
PB (25m pool): 01:32.08 Lokeren 05/04/2025					PB (50m pool): 01:30.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.89		01:32.08	
	00:43.89		00:48.19		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:6, starttime: 15:25
Heat: 6/20 Lane : 6 Athlete: BOGAERT AMANI					Q-time: 01:15:53
PB (25m pool): 01:15.53 Lokeren 05/04/2025					PB (50m pool): 01:15.77 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.77		01:15.53	
	00:37.77		00:37.76		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:11, starttime: 15:33
Heat: 11/20 Lane : 1 Athlete: LAMMENS ALIX					Q-time: 01:08:92
PB (25m pool): 01:08.92 Lokeren 05/04/2025					PB (50m pool): 01:08.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.34		01:08.92	
	00:33.34		00:35.58		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:14, starttime: 15:38
Heat: 14/20 Lane : 3 Athlete: JACOBS EVA					Q-time: 01:05:92
PB (25m pool): 01:05.92 Lokeren 05/04/2025					PB (50m pool): 01:08.11 SB: 01:07.36 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.55		01:05.92	
	00:31.55		00:34.37		
					

Coach feedback:

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:1, starttime: 15:49
Heat: 1/19 Lane : 4 Athlete: YILDIZ AMMAR					Q-time: 01:38:24
PB (25m pool): 01:38.24 Lokeren 05/04/2025					PB (50m pool): 01:33.23 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.29		01:38.24	
	00:43.29		00:54.95		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:5, starttime: 15:56
Heat: 5/19 Lane : 8 Athlete: DE RYBEL ANTHONY					Q-time: 01:14:65
PB (25m pool): 01:14.65 Lokeren 05/04/2025					PB (50m pool): 01:14.61 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.73		01:14.65	
	00:35.73		00:38.92		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:6, starttime: 15:58
Heat: 6/19 Lane : 1 Athlete: ROGIERS LUCAS					Q-time: 01:12:44
PB (25m pool): 01:12.44 Lokeren 28/09/2025					PB (50m pool): 01:15.93 SB: 01:12.44 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.79		01:12.44	
	00:34.79		00:37.65		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:7, starttime: 16:00
Heat: 7/19 Lane : 4 Athlete: ROGIERS LOUIS					Q-time: 01:09:30
PB (25m pool): 01:09.30 Lokeren 05/04/2025					PB (50m pool): 01:08.47 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.26		01:09.30	
	00:33.26		00:36.04		
					

Coach feedback:

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:10, starttime: 16:05
Heat: 10/19 Lane : 4 Athlete: VAN ACHTER MAURO					Q-time: 01:04:08
PB (25m pool): 01:04.08 Lokeren 05/04/2025					PB (50m pool): 01:05.05 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.00		01:04.08	
	00:31.00		00:33.08		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:11, starttime: 16:06
Heat: 11/19 Lane : 4 Athlete: VERHENNE TIM					Q-time: 01:02:96
PB (25m pool): 01:02.96 Lokeren 05/04/2025					PB (50m pool): 01:05.70 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.80		01:02.96	
	00:30.80		00:32.16		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:13, starttime: 16:09
Heat: 13/19 Lane : 9 Athlete: VAN LAERE JUUL					Q-time: 01:02:00
PB (25m pool): 01:02.00 Lokeren 05/04/2025					PB (50m pool): 01:03.07 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.36		01:02.00	
	00:29.36		00:32.64		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:16, starttime: 16:14
Heat: 16/19 Lane : 9 Athlete: FELIES JARNE					Q-time: 00:59:15
PB (25m pool): 00:59.15 Lokeren 05/04/2025					PB (50m pool): 01:00.87 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.17		00:59.15	
	00:28.17		00:30.98		
					

Coach feedback:

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:2, starttime: 16:39
Heat: 2/7 Lane : 4 Athlete: ROGIERS LOUIS					Q-time: 01:19:77
PB (25m pool): 01:19.77 Sinbad 29/12/2024					PB (50m pool): 01:20.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.73		01:19.77	
	00:36.73		00:43.04		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:3, starttime: 16:41
Heat: 3/7 Lane : 8 Athlete: VERHENNE TIM					Q-time: 01:17:92
PB (25m pool): 01:17.92 Gent 23/02/2025					PB (50m pool): 01:16.76 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.86		01:17.92	
	00:35.86		00:42.06		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:5, starttime: 16:44
Heat: 5/7 Lane : 8 Athlete: VAN ACHTER MAURO					Q-time: 01:11:37
PB (25m pool): 01:11.37 Lokeren 05/04/2025					PB (50m pool): 01:12.84 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.71		01:11.37	
	00:32.71		00:38.66		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:2, starttime: 16:51
Heat: 2/17 Lane : 2 Athlete: BOGAERT TIRZA					Q-time: 01:49:40
PB (25m pool): 01:49.40 Gent 23/02/2025					PB (50m pool): 01:53.17 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.11		01:49.40	
	00:52.11		00:57.29		
					

Coach feedback:

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:4, starttime: 16:56
Heat: 4/17 Lane : 2 Athlete: BOGAERT AMANI					Q-time: 01:32:98
PB (25m pool): 01:32.98 Temse 22/12/2024					PB (50m pool): 01:36.71 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.23		01:32.98	
	00:45.23		00:47.75		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:14, starttime: 17:15
Heat: 14/17 Lane : 2 Athlete: LAMMENS ALIX					Q-time: 01:13:33
PB (25m pool): 01:13.33 Lokeren 28/09/2025					PB (50m pool): 01:16.11 SB: 01:13.33 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.64		01:13.33	
	00:35.64		00:37.69		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:3, starttime: 17:26
Heat: 3/13 Lane : 5 Athlete: ROGIERS LUCAS					Q-time: 01:28:39
PB (25m pool): 01:28.39 Gent 23/02/2025					PB (50m pool): 01:26.61 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.30		01:28.39	
	00:43.30		00:45.09		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:4, starttime: 17:28
Heat: 4/13 Lane : 2 Athlete: DE RYBEL ANTHONY					Q-time: 01:25:65
PB (25m pool): 01:25.65 Temse 22/12/2024					PB (50m pool): 01:23.44 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.28		01:25.65	
	00:41.28		00:44.37		
					

Coach feedback:

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: LZV

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:9, starttime: 17:37
Heat: 9/13 Lane : 1 Athlete: FELIES JARNE					Q-time: 01:13:37
PB (25m pool): 01:13.37 Eeklo 15/09/2024					PB (50m pool): 01:16.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.37	
	no time				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:9, starttime: 17:37
Heat: 9/13 Lane : 2 Athlete: VAN LAERE JUUL					Q-time: 01:13:33
PB (25m pool): 00:39.26 Temse 12/03/2023					PB (50m pool): 01:15.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:39.26	
	no time				
					

Coach feedback: